Payment:	E
SUGGESTIONS:	

It is MANDATORY to have the sport insurance to take part in the championships

The organization, dubs and the organizers (of the camp and the championships) will NOT be responsible of any injury of the competitor

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Signature:

Organizer:



San Antonio María Claret 36-38 50005 Zaragoza – España Teléfono: +34 976355660

www.kyokushin.es

REQUIREMENTS:

- Having 1 or 2 Karategi
- Having updated the annual licence and the personal insurance

RESERVATION

Tfno: 976 355 660 - Fax: 976597093 e-mail: shihan@kyokushin.es STAY: Hotel Miramar H*** Calafell

Training will be outside organized by several groups

A katana and a medal will be sorted out between those who have tickets



Shihan Javier Sánchez

KYOKUSHIN

Spring camp 2012 From April 28th to May 1st



CALAFELL BEACH





Train with some of the GREATESTS instructors!



Shihan Javier Sánchez
6° Dan
(Technical director)



Shihan Fernando Pérez 5° Dan



Shihan Ángel Mateo 5° Dan



Shihan Manuel Girón 5° Dan

- And many other international trainers

DOCTORS:

Ignacio Sagardoy and Jorge Fernández



TRAINING SCHEDULE:

Starts on April 28th at 10:30 a.m. Ends on May 1st in the morning

Classes of:

- Physical preparation
- Basic techniques
- Fighting techniques
- Tameshiwari techniques
- Katas
- > Special preparation for the European Championship







Monday afternoon: Championships

18th Kata Championship 18th Endurance Championship 18th Tameshiwari Championship 18th Knock-Down Championship

Monday night:

Dinner, presentation of trophies and party



SPRING CAMP 2012

Katas	<u> </u>
Endurance Tameshiwari	
Knock-Down	
Weight: kg	Grade:



With parental agreement in case of being underage. Please make a payment of 30€ for registration. If you want to pay it at the camp, please notify it.

Inscriptions will be closed on April 15th (except special cases)

Shihan Javier Sánchez +34 976 421 454